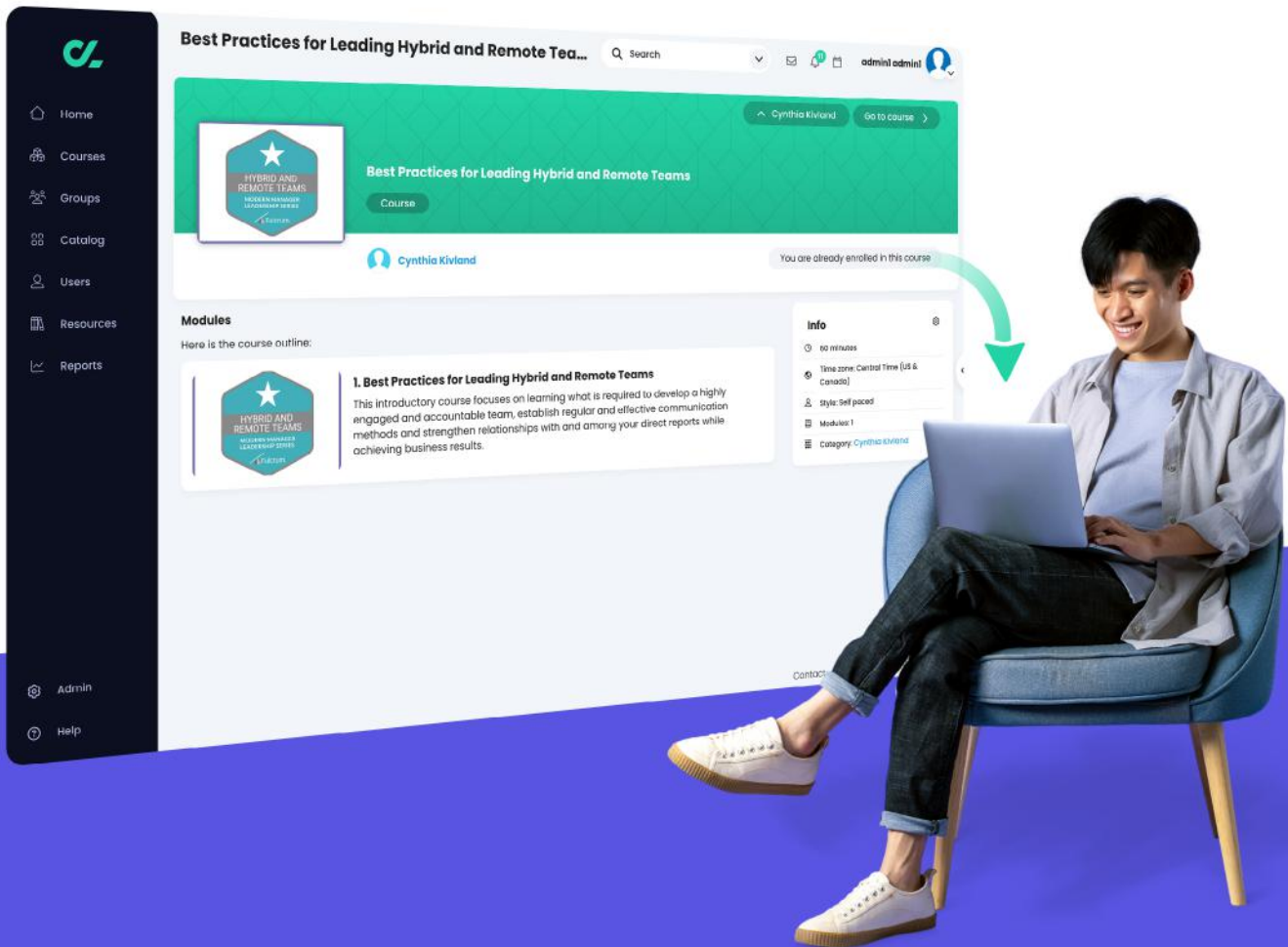


Fulcrum Network

Specialty training courses from expert consultants





About Fulcrum Network

A fulcrum is a tool for “leverage” – allowing a greater weight to be moved with less effort. That’s exactly what they do at Fulcrum Network. They make it easier for your company to develop, grow, and achieve lift beyond the limits of your current resources. Their mission is to revolutionize talent and organization development via experience-based, online solutions. For over 20 years, Fulcrum Network has been helping companies grow by connecting their clients with the right training, organization development, and executive coaching resources.

Fulcrum Network is proud to feature their finest expert consultants



Cynthia Kivland

Cynthia Kivland has facilitated leadership programs for more than 20 years as a leadership coach, group facilitator, and consultant. She empowers and inspires managers and leaders to strengthen their leadership skills and cross-pollinate ideas and positive influence across networks to effect change in the midst of uncertainty and evolving employee engagement needs. She is an expert in group facilitation including advanced skills in DEI and group coaching.



Amy Krymkowski, PCC

Amy Krymkowski, PCC, partners with experienced professionals and leaders, guiding them through self-discovery to connect with their unique strengths, passions, and values. She empowers them to make informed decisions about their careers, fostering ownership and confidence in their choices while visualizing a clear path forward.

Check out the sampling of course titles and descriptions from Fulcrum Network – all included in the CYPHER content bundle. More are always being added!



Sampling of course titles and descriptions offered by Fulcrum Network consultants

Modern Managers Leadership Series by Cynthia Kivland

- **Moving from Bud to Boss (Cynthia Kivland/Fulcrum Network)**

Making the transition from employee to manager for the first time can be a stressful and challenging event. Are you, as a new manager, overwhelmed with the challenges and responsibilities of your new managerial role? The goal of this introductory course is to help you learn what it takes to make the necessary mindset shift so you can be more effective, increase your confidence and competence and improve relationships with your direct reports.
- **Leading with Emotional Intelligence (Cynthia Kivland/Fulcrum Network)**

What comes to mind when you think of an outstanding leader? Someone who always keeps their cool and never lets their temper get out of control? Someone who listens, values your input and understands when to push you, coach you, and when to lift you up. In this introductory program, you will learn about how to raise your emotional intelligence so you can remain productive, reduce stress and improve your relationships while working in an environment of constant change and uncertainty.
- **Best Practices for Leading Hybrid and Remote Teams (Cynthia Kivland/Fulcrum Network)**

This introductory course focuses on learning what is required to develop a highly engaged and accountable team, establish regular and effective communication methods and strengthen relationships with and among your direct reports while achieving business results.
- **Being Resilient in the Midst of Change, Growth and Uncertainty (Cynthia Kivland/Fulcrum Network)**

As a manager you may be overwhelmed with the challenges of dealing with the emotional stresses caused by constant change and uncertainty in your organization. This introductory course provides leaders and managers ways to remain productive during times of transformational change, have access to proven tools that help employees build a resilient mindset, and understand what it takes to handle the constant challenges of change while choosing beliefs, thoughts and emotions to serve themselves and their team more effectively.



- **Having Difficult Conversations (Cynthia Kivland/Fulcrum Network)**

Most of us want to avoid having difficult conversations at all costs and usually this is based on a misconception that conflict is bad. In reality, difficult conversations and conflict can push teams to be more innovative and take relationships to a new level of openness, honesty and understanding. In this introductory course, you will explore the benefits of addressing these sensitive topics before they grow out of control. You will explore your natural approach to handling difficult conversations to determine if there is a better way.

- **Building Your Leadership Coaching Skills (Cynthia Kivland/Fulcrum Network)**

The purpose of this introductory program is to provide managers with the training they need to understand the importance of meeting each team member where they are in a coaching relationship, become aware of individual nuances, intentions and professional and personal goals and expectations so they can develop their team to their fullest potential, motivate them to contribute at the highest level, thus increasing employee engagement, retention and business results.

CAREER Essentials Series by Amy Krymkowski

- **CAREER essentials (Amy Krymkowski/Fulcrum Network)**

CAREER essentials is an introductory career development program designed to help you identify your natural gifts and talents so you can align them with your job for greater job satisfaction and career success.

To keep up-to-date on CYPHER content offerings, visit

cypherlearning.com/content